

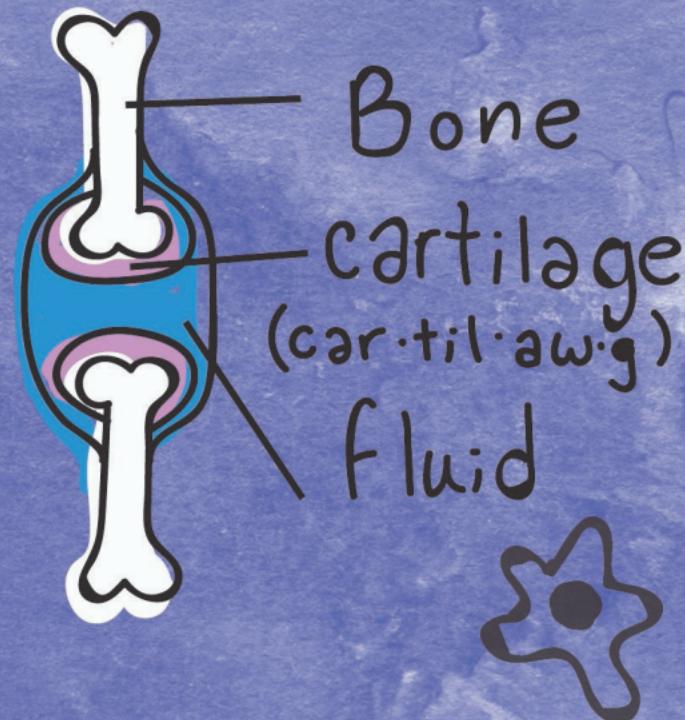
my body !



# What are joints?

Joints are strong connections between bones.

Every one is special and a little different.



# What does my immune system do?

The immune system fights infection & illness. It kills unfamiliar material, like viruses, germs & bacteria.



normal



autoimmune

# What is an autoimmune disease?

An autoimmune disease is when the immune (i·me·oon) system gets confused & kills good cells we need.

# Rheumatoid Arthritis (RA) affects the joints



normal



extra  
fluid

arthritic  
(a-re-th'ri-tic)





Arthritis  
can cause many  
feelings & pain.  
It can feel like  
fire, stiffness or numb.

What does  
it feel like?

# Why do people get arthritis?

Arthritis

causes cells to attack healthy joints. Then the joints become swollen and damaged.





learn more:



Arthritis.org